

I'll be adding more classes as I get interest from students, including more yoga classes. On Monday and Wednesdays I teach yoga at Balasana Yoga Studio (www.balasanayoga.com) and Wednesdays I teach two bellydance fitness classes there, so those classes are also available at the yoga studio's rates. If you don't see what you're looking for, give me a call and we'll see what we can work out. Thanks!

Schedule of classes for January 2009:		start HERE!	These are for ALL Levels			
		INTRO TO BD	LEVEL ONE	LEVEL TWO	Choreography	Yoga Class
1/1/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
1/2/09	Friday					
1/3/09	Saturday					
1/4/09	Sunday					
1/5/09	Monday					
1/6/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
1/7/09	Wednesday					
1/8/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
1/9/09	Friday					
1/10/09	Saturday					
1/11/09	Sunday					
1/12/09	Monday					
1/13/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
1/14/09	Wednesday					
1/15/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
1/16/09	Friday					
1/17/09	Saturday					
1/18/09	Sunday					
1/19/09	Monday					
1/20/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
1/21/09	Wednesday					
1/22/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
1/23/09	Friday					
1/24/09	Saturday					
1/25/09	Sunday					
1/26/09	Monday					
1/27/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
1/28/09	Wednesday					
1/29/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
1/30/09	Friday					
1/31/09	Saturday					

** Check with instructor to find out when new choreography class will be starting. To learn a dance, you'll want to commit to being at every class, or getting a copy of the video if you have to miss a class.

****Higher Level and specialty classes will be held only when 3+ students sign up in advance. Email or check in class to sign up.**

Intro to Bellydance classes are for brand new students - take this one first before starting Level One to get the basics.

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		start HERE!	These are for ALL Levels			
Schedule of classes for February 2009:		INTRO TO BD	LEVEL ONE	LEVEL TWO	Choreography	Yoga Class
2/1/09	Sunday					
2/2/09	Monday					
2/3/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
2/4/09	Wednesday					
2/5/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
2/6/09	Friday					
2/7/09	Saturday					
2/8/09	Sunday					
2/9/09	Monday					
2/10/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
2/11/09	Wednesday					
2/12/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
2/13/09	Friday					
2/14/09	Saturday					
2/15/09	Sunday					
2/16/09	Monday					
2/17/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
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2/19/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
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2/23/09	Monday					
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2/25/09	Wednesday					
2/26/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
2/27/09	Friday					
2/28/09	Saturday					

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These are for ALL Levels

Schedule of classes for March 2009:		INTRO TO BD	LEVEL ONE	LEVEL TWO	Choreography	Yoga Class
3/1/09	Sunday					
3/2/09	Monday					
3/3/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
3/4/09	Wednesday					
3/5/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
3/6/09	Friday					
3/7/09	Saturday					
3/8/09	Sunday					
3/9/09	Monday					
3/10/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
3/11/09	Wednesday					
3/12/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
3/13/09	Friday					
3/14/09	Saturday					
3/15/09	Sunday					
3/16/09	Monday					
3/17/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
3/18/09	Wednesday					
3/19/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
3/20/09	Friday					
3/21/09	Saturday					
3/22/09	Sunday					
3/23/09	Monday					
3/24/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon
3/25/09	Wednesday					
3/26/09	Thursday		7:00-8:30 pm			6:00 - 7:00 pm
3/27/09	Friday					
3/28/09	Saturday					
3/29/09	Sunday					
3/30/09	Monday					
3/31/09	Tuesday	5:30 - 7:00 pm	7:00-8:30 pm			11:00 - 12:00 noon

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